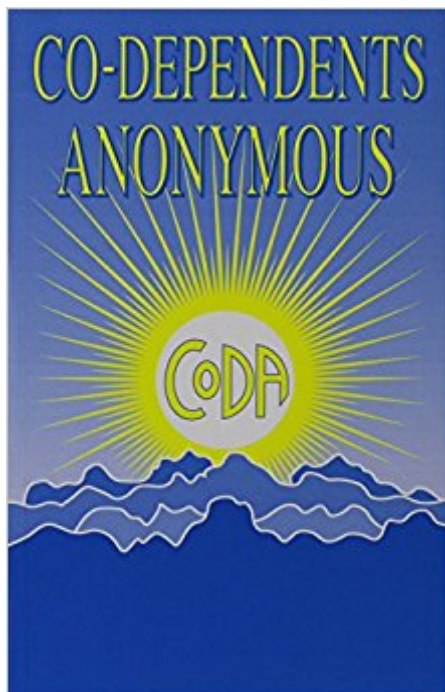


The book was found

Co-Dependents Anonymous



Synopsis

Co-Dependents Anonymous is a Fellowship of men and women whose common purpose is to develop healthy relationships. The only requirement for membership is a desire for healthy and loving relationships. We gather together to support and share with each other in a journey of self-discovery - learning to love the self. Living the program allows each of us to become increasingly honest with ourselves about our personal histories and our own codependent behaviors. We rely upon the Twelve Steps and Twelve Traditions for knowledge and wisdom. These are the principles of our program and guides to developing honest and fulfilling relationships with ourselves and others. In CoDA, we each learn to build a bridge to a Higher Power of our own understanding, and we allow others the same privilege. This renewal process is a gift of healing for us. By actively working the program of Co-Dependents Anonymous, we can each realize a new joy, acceptance, and serenity in our lives.

Book Information

Paperback: 593 pages

Publisher: CoDA Resource Publishing; 1st edition (1997)

Language: English

ISBN-10: 0964710501

ISBN-13: 978-0964710504

Product Dimensions: 8.5 x 1.2 x 5.5 inches

Shipping Weight: 1.5 pounds

Average Customer Review: 4.5 out of 5 stars 60 customer reviews

Best Sellers Rank: #68,573 in Books (See Top 100 in Books) #44 in [Books > Reference >](#)

[Quotations](#) #81 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Twelve-Step](#)

[Programs](#) #163 in [Books > Humor & Entertainment > Humor > Love, Sex & Marriage](#)

Customer Reviews

Co-Dependents Anonymous is a Fellowship of men and women whose common purpose is to develop healthy relationships. The only requirement for membership is a desire for healthy and loving relationships. We gather together to support and share with each other in a journey of self-discovery - learning to love the self. Living the program allows each of us to become increasingly honest with ourselves about our personal histories and our own codependent behaviors. We rely upon the Twelve Steps and Twelve Traditions for knowledge and wisdom. These are the principles of our program and guides to developing honest and fulfilling relationships with

ourselves and others. In CoDA, we each learn to build a bridge to a Higher Power of our own understanding, and we allow others the same privilege. This renewal process is a gift of healing for us. By actively working the program of Co-Dependents Anonymous, we can each realize a new joy, acceptance, and serenity in our lives.

It is a very wonderful process for healing co-dependency. It assists the reader in finding the sources of their own co-dependency and provides tools for healing this very painful life process. Many of us don't even realize the degree of our own co-dependency until we take an honest look at ourselves and the source of this pain in our lives. It is not an easy thing to overcome and the tools of CO-DA are amazingly accurate guages of what is going on in our lives.

If this is your first and only recovery book, then purchase it. I still like my Big Book of Alcoholics Anonymous. This CODA book also has a very nice Chapter Five giving information that is valuable. Then there are many, many stories. It is a very large book - almost 600 pages. It is worth it.

Excellent overview of codependence and support groups.

I really enjoy reading this book and going to the meetings. I wish there was one made for those who do not believe in God though. However, I do really like this book and have learned a lot from it.

Great book in great condition

Great book- not so fast shipping

real good condition

Needed for recovery.

[Download to continue reading...](#)

Co-Dependents Anonymous A Day at A Time Gamblers Anonymous: Gamblers Anonymous Sex and Love Addicts Anonymous: The Basic Text for The Augustine Fellowship, Sex and Love Addicts Anonymous We Are Anonymous: Inside the Hacker World of LulzSec, Anonymous, and the Global Cyber Insurgency Federal Benefits for Veterans, Dependents and Survivors 2014 Anonymous Security Systems and Applications: Requirements and Solutions His Boy Next Door: #16

Anonymous Alcoholics Anonymous: The Big Book Alcoholics Anonymous, 4th Edition Alcoholics Anonymous Narcotics Anonymous The Big Book of Alcoholics Anonymous It Works: How and Why: The Twelve Steps and Twelve Traditions of Narcotics Anonymous Alcoholics Anonymous: The Story of How Many Thousands of Men and Women Have Recovered from Alcoholism/Third Edition The Big Book of Alcoholics Anonymous (Including 12 Steps, Guides & Prayers) The Twelve Steps and Twelve Traditions of Overeaters Anonymous A Day at A Time Gamblers Anonymous Sex Addicts Anonymous: 3rd Edition Conference Approved Alcoholics Anonymous Deluxe Edition Alcoholics Anonymous: The Original Text of the Life-Changing Landmark, Deluxe Edition

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)